



LANARK COUNTY  
**Harvest Festival**  
*Get Fresh with a Local Farmer!*

## **Celebrate local bounty at second annual Harvest Festival**

Get fresh with a local farmer at the second annual Lanark County Harvest Festival and celebrate fine foods made with love in Lanark County.

Maple products, cheeses, garlic, honey and farm-fresh produce are just some of the flavourful finds at this outdoor event, slated for Sunday, Sept. 7 at Beckwith Park (1319, 9<sup>th</sup> Line, Beckwith) from 11 a.m. to 4 p.m. Celebrate the bounty of Lanark County's harvest with local producers showcasing their wares, as well as food seminars on delicious topics, children's activities and games, fine local musicians and more. New this year is a selection of talented local artisans.

Another exciting new element this year is a traditional Harvest Church Supper. "This year, for the first time, five Beckwith Township churches will collaborate to deliver a Harvest Church Supper of traditional stews, including lamb, vegetable, beef and gluten-free," says Marie White, Lanark County tourism manager. "It is 'stew good to miss,' so be sure to purchase your tickets for the supper at the festival."

The supper follows the festival on the same site from 4 to 6:30 p.m. Some of the participants are growing the ingredients and others are sourcing local ingredients.

Warden Richard Kidd (Beckwith Reeve) says the festival is proving to be an excellent way to bring together all of the communities in Lanark County. "All of our municipalities have something to offer, whether it is food grown on a family farm, products made using local ingredients or local knowledge and talent. The Harvest Festival is a great way to bring all of these elements together and celebrate them with visitors and citizens alike. Beckwith Township is pleased to be the host site for the festival again this year."

The program includes food seminars featuring "The Mushroom Man" of Lanark County, Scott Perrie of Valley Wild Edibles, who will present information about foraging for local mushrooms, berries, nuts and wild leeks. Other food-related workshops will include topics on garlic, herbal remedies and tinctures, beekeeping, apples, maple syrup etc. The renowned "Bowes Brothers" are a highlight of the musical entertainment, and there will be children's activities, such as a petting zoo, bouncy castle, face painting, and much more.

"This is a destination for people who want to connect with local producers and learn about the foods available here and how to prepare them," Ms. White explains. "There are so many benefits of local food, and the Harvest Festival showcases these while celebrating and showing appreciation for the passion of our community's agricultural families. Join us for food, drink and fun!"

The festival gives local producers a chance to reach out to new customers and promote the importance of developing sustainable, self-reliant communities through small, food-based operations. It is a collaboration of local farmers' markets and groups that partner to bring local food to the table, including Lanark Local

Flavour, the Lanark County Agricultural Advisory Committee, the Township of Beckwith and Lanark County.

The celebration of local food is an annual event that supports more than 55 local businesses and six farmers' markets, as well as developing a new economic development network for the county through partnership with the Ontario Tourism Culinary Alliance.

There are still spaces for vendors. To register, contact [cmcgregor@twp.beckwith.on.ca](mailto:cmcgregor@twp.beckwith.on.ca). For general information, visit [www.lanarkcountytourism.ca](http://www.lanarkcountytourism.ca) or call 1-888-4-LANARK.

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For more information, contact:  
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